



# 27. APRIL 2019

Änderungen vorbehalten!

## Big Hall:

<b>EARTH</b>	09:30-09:45 h 09:45-10:30 h	Warm Welcome with the Team bodyART Warm-Up with Robert & Chris
<b>WOOD</b>	10:30-11:30 h	bodyART Flow with Ulli & Daniela
<b>FIRE</b>	11:45-12:45 h	deepWORK with Robert & Jannie L.
	Lunch Break	
<b>FIRE</b>	13:45-14:45 h	bodyART Xross with Janni G.
<b>METAL</b>	15:00-16:00 h <b>New Module 2019</b>	bodyART Classic Style integrating bodyART Touch with Ulli
<b>WATER</b>	16:10-17:00 h	bodyART Final Stretch & Relax with Robert, Daniela & Team

## Small Hall:

<b>WOOD</b>	10:30-11:30 h	bodyART Myofascial & Mobility with Janni G.
<b>FIRE</b>	11:45-12:45 h	bodyART Technique & Alignment with Daniela
	Lunch Break	
<b>FIRE</b>	13:45-14:45 h	bodyART Structure with Chris

# Elements on Tour 2019

### **Location:**

TV 1877 Waldhof Mannheim e.V. • Boehringerstr. 5 • 68307 Mannheim